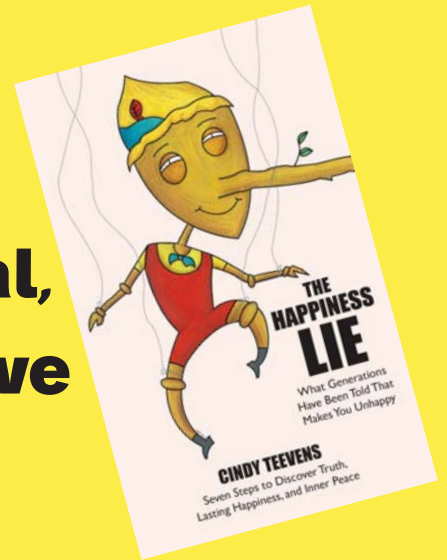


Cindy Teevens

Authentic, Customized Insightful, Practical, Engaging, Interactive Presentations



- Leading expert in inner peace and happiness
- Exceptional and unique facilitator helping people feel good fast
- Author of *The Happiness Lie* and *Alchemy*.
- Founder of the *Alchemy of Love and Joy™* practice that is altering and even saving lives
- Master NLP Practitioner
- Suicide Awareness and Intervention (ASIST)
- Signature Story: How Suicide Led to the Discovery of Unlimited Inner Peace and Joy



Radical speaker meets your audience's needs

- Two-Minute Technique to Inner Peace
- Mental-emotional tools to cope with the demands of everyday life
- Improve relationships
- Inspiring, uplifting, humorous
- Spiritual insights and support
- Resolution of past pains

Six years after the violent suicide of her father, in one moment her own intense suffering was swapped for amazing joy, altering her life permanently.

Happiness and peace became her predominant states. Laughter exploded at the simplicity and power of joy, and tears of gratitude flowed.

Understandings came about how we have been living backwards, how we have mistaken the outside for the inside, and how we have tethered ourselves to the uncontrollable winds of change in the midst of freedom—and how we can return to truth, sanity, and peace.

**Experiential
educational
entertainment
for audiences**

Stress, Anxiety, Depression, Bereavement, Addiction, Suicide, Aging, Illness

“When I met Cindy I was going through a rough time with anxiety. I started working with Cindy in January and have made great progress. I had been off work and on my fourth week of a gradual return to work plan. Alchemy is a wonderful and yet simple thing.” ~ Fiona, Ottawa

“You are a blessing from heaven. I needed to hear what you said in just the words you said. It’s like you were speaking directly to me. I love the way you communicate and the effectiveness of the process you use – so simple and so powerful. Your clarity is beautiful and effective because you speak from direct experience. That is so evident.” ~ Laurell Eden, recording artist and personal development teacher, New York City

“In the moment the shift happens it feels like a miracle has taken place.” ~ Vivienne, Ottawa

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There is no shadow dark enough that Cindy won't walk her clients through.